

We'd love to hear about how you've been during this lockdown period, and how you are feeling about the future.

This is a feedback method called Experience Based Design - it is based around emotional descriptors - with a space to give further explanation.

If you'd rather feed back over the phone (about general experience), please leave your contact at the end. This will only be seen by the research team and not shared.

1. What service line are you in?

- | | |
|--|--|
| <input type="radio"/> Adult Mental Health | <input type="radio"/> Specialist Dental |
| <input type="radio"/> Adults Portsmouth | <input type="radio"/> Sexual Health |
| <input type="radio"/> Adults Southampton | <input type="radio"/> Corporate Services |
| <input type="radio"/> Children & Families | <input type="radio"/> Estates/ FM |
| <input type="radio"/> Primary Care, MSK, Pain and Podiatry | |

2. What team are you in?

3. What is your working situation?

- | | |
|---|--|
| <input type="radio"/> I'm shielding | <input type="radio"/> I'm working in a slightly different role |
| <input type="radio"/> I'm working entirely from home | <input type="radio"/> I've been redeployed |
| <input type="radio"/> I'm working in services as I've always been | <input type="radio"/> I work both at home and in service |
| <input type="radio"/> Other (please specify) | |

4. How I felt before Covid-19

Positive Nervous Safe Isolated Supported Worried Relaxed Fearful Calm Annoyed Upset Informed

Tick one or more...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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What made you feel this way? (or add different words to describe how you felt)

5. How I felt at the beginning of lockdown

Positive Nervous Safe Isolated Supported Worried Relaxed Fearful Calm Annoyed Upset Informed

Tick one or more...

What made you feel this way? (or add different words to describe how you felt)

6. How I felt during the first 8 weeks of lockdown

Positive Nervous Safe Isolated Supported Worried Relaxed Fearful Calm Annoyed Upset Informed

Tick one or more...

What made you feel this way? (or add different words to describe how you felt)

7. How I feel now.

Positive Nervous Safe Isolated Supported Worried Relaxed Fearful Calm Annoyed Upset Informed

Tick one or more...

What made you feel this way? (or add different words to describe how you feel)

8. How I feel about the next three months

Positive Nervous Safe Isolated Supported Worried Relaxed Fearful Calm Annoyed Upset Informed

Tick one or more...

What made you feel this way? (or add different words to describe how you feel)

9. If you would like to share your feed back over the phone (about general experience), please leave your contact name and details here.

This will only be seen by the research team and not shared.

Name

Email Address

Phone Number